## From the manufacturer




### 3 relaxing modes to bring some “om” into your home



Daytime mode with 2-minute guided stretching and breathing exercise for little ones to listen to their body, pause, and "just be”



Guided bedtime routine helps kids fall asleep with 3 minutes of stretching with guided meditation, 3 minutes of breathing exercises, followed by 14 minutes of soothing music and sounds



A 20-minute soothing mode with only music and sounds for your mindful mini me to bliss out

### Features



Calming mouse has an embroidered face and is made from a variety of soft and satiny textures for little hands to explore



Choose your chill! Music and sounds include ocean, nature and white noise; plus volume control



This Zen friend is machine washable (with electronics removed)

KID TESTED play-lab fisher-price EXPERT APPROVED™

### Where great minds think like kids.

The Fisher-Price® Play Lab is where our childhood development experts meet with the real experts: kids. They come to test out our toys, and as they play, we observe and learn important things about what their little bodies and minds need. It’s how we know cool-kid stuff like how big a dinosaur’s mouth really is, that orange is superior to purple, and it’s how we knew this little mouse would be just as beneficial during the day as it would be at night for the special kiddo it goes home to.

### Where development comes into play™

- Security & Happiness: The mouse's sweet face, soft fabrics, and gentle light give your child a sense of security encouraging them to relax and unwind.
- Mindfulness: Guided meditation with stretching and breathing exercises help toddlers and preschoolers focus their attention.
- Self-Soothing: The calming music, meditation activities, and glowing light help reinforce your child’s self-soothing skills.
- Bedtime Routine: The soothing playlist and calming meditation activities help settle your child’s body and mind to prepare them for a good night’s sleep.