

Philips TensRelief Pro

Wireless TENS

- 2 channels using 4 electrodes
- Wireless controlled
- Integrated activity monitor
- 15 programmes

PR3094/00

Wireless TENS proven to help relieve your pain*

Pain relief therapy recognised by professionals

The wireless controlled Philips TensRelief Pro gives you complete freedom of movement during your TENS treatment. No hassle with wires anymore. It is clinically proven to help relieve your pain and comes with 4 electrode TENS units.

Benefits

Advanced pulse technology

- Recognised pain relief therapy used by health professionals
- Self-adhesive electrodes with patented hydrogel technology
- Premium pulse sensation for a comfortable treatment
- 15 pre-programmed settings for a tailored treatment

Wireless controlled

- Easy magnet connection to connect TENS units to electrodes
- Move around freely with no wires attached to the remote control
- Portable remote control to move around freely

Integrated activity monitor

- Direct feedback on activity displayed on remote control
- Advanced activity measurement to help you pace your day

Personalised treatment

- Create 10 customised settings to personalise your treatment

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Features

Recognised therapy



TENS is a recognised therapy used by health professionals to help relieve pain. Studies suggest that applying TENS treatment stimulates the body's own pain suppressing mechanisms by releasing endorphins. Soft electrical pulses can block the pain signal going to the brain, so you can move around freely with less pain and enjoy your daily activities. It can be used for musculo-skeletal pain, osteoarthritis or chronic pain in general.*

Self-adhesive electrodes



The self-adhesive electrodes have patented hydrogel technology to minimise the effects of skin irritation. There are 4 in a resealable plastic pack and the recommended use is up to 20 times per electrode. This is dependent on skin type and usage. The electrodes optimise the even distribution of the pulse over your selected body area.

Direct feedback on hand

The activity monitor is integrated in the remote control, so with one push at the button you get direct objective feedback on your activity levels on a daily, weekly or monthly basis. You can use the objective feedback of the integrated activity monitor to optimise your pain treatment together with your health professional

Easy snap-on magnet connection



The two TENS units are connected easily with the self-adhesive electrodes by a magnet. You first apply the self-adhesive electrodes to your body and then just snap on the TENS units via the magnet connection. The TENS units come with a docking station and fully charged can provide up to 8 hours of continuous use. This will keep you going all day so you can enjoy life to the fullest with less pain.

No hassle with wires



The Philips TensRelief makes use of a wireless connection between the portable remote control and the TENS Units. No hassle of wearing wires anymore. With Philips you now have the freedom to start your TENS treatment while doing your daily activities. You can easily wear the TENS Units under your clothes and store the remote in your pocket or bag.

Portable remote control

The portable remote control has a large high quality LCD display and is small enough to fit in almost any pocket or bag. It is simple to operate with only 3 buttons so you can always start your treatment quickly. The remote control, which comes with 2 AAA batteries, can be simply attached to your belt with a clip that is included in the package.

Premium pulse sensation

A premium one-channel pulse sensation is delivered through the use of a unique symmetrical bi-phase pulse technology without artefact symptoms. It is specially developed by Philips engineers to give you a gentle and comfortable feeling during your treatment. You can control the intensity of the pulse yourself with the remote control.

15 pre-programmed settings

On the device there are 15 pre-programmed settings available for you to start an optimal and personalised treatment. The settings are programmed in conjunction with leading scientific experts in the field and are based on the three generally accepted TENS pulses, namely Conventional, Burst and Frequency-Modulated. Feel free to choose the setting that fits your pain relief treatment best.

Advanced activity measurement

The first TENS device with integrated activity monitoring to give you an objective insight into your daily activity levels. The advanced activity algorithms calculate your daily activity in minutes. You can set your activity target in minutes and track how you are performing. In this way you get direct feedback if you are being too active and need to pace your day better or you can increase your daily activities.

Personal settings and overview

The Philips Wireless TENS Pro has space for 10 customised settings. These settings can be set using the uniquely developed PC application. With a mini USB cable the personalised settings can be loaded on the remote control. The PC application generates personalised graphs of your activity levels, keeps track of your pre-set targets and is there to help you and your health professional to optimise your pain relief treatment together.

Specifications

Please note that this is a pre-sales leaflet. The contents of this leaflet reflect the best of our knowledge per date and country mentioned above. The contents of this leaflet are subject to change without notice. Philips does not accept any liability as to the contents of this leaflet.

Power

Adapter type	100 - 240 V AC, 50/60 Hz
AC/DC Adapter	5 V - 500 mA
Battery type	Li-Ion (rechargeable)

Class

Medical device Class	Medical device Class IIa

Operating conditions

Atmospheric pressure	700 hPa - 1060 hPa
Relative humidity	15 to 93 %
Temperature range	from +5 to +40 °C

Pulse output parameters

Frequency range	1 - 120 Hz
Pulse width	40 - 400 µs
Current output	Max. 60 mA at 500 - 1000 Ohm
Maximum output voltage	120 V
Current pulse shape	Biphase symmetrical

Weight and dimensions

Weight TENS	83.4 gr
Dimensions TENS (L x W x H)	53 x 53 x 12.5 mm
A-box dimensions (L x W x H)	265 x 268 x 185 mm
F-box dimensions (L x W x H)	176 x 253 x 64 mm
Number of F-boxes in A-box	4

Remote control

Weight with batteries	96 gr
Weight without batteries	79 gr
Dimensions (L x W x H)	111 x 59 x 28 mm
Pre-programmed settings	15
Programmable settings	10

Storage

Temperature - device	from -10 to +50 °C
Temperature - electrodes	from +5 to +40 °C
Atmospheric pressure	700 hPa - 1060 hPa

What's in the box

Self-adhesive electrodes	4
Number of TENS units	1
Batteries - remote control	2 AAA 1.5 V alkaline batteries
Remote control	Yes
Power adapter	Yes
Belt clip	Yes

Packaging dimensions

Height	6.40 cm
Width	25.20 cm
Depth	17.60 cm
Net weight	0.41 kg
Gross weight	0.62 kg
EAN	08710103635970
Number of products included	1
Country of origin	NL
Harmonised Systems Code	901890

Outer Carton

Length	26.30 cm
Width	18.60 cm
Height	26.80 cm
Gross weight	2.64 kg
EAN	18710103635977
Number of consumer packages	4

* M. Johnson, M. Martinson (2007). Efficacy of electrical nerve stimulation for chronic musculoskeletal pain: A meta-analysis of randomized controlled trials. Pain 130, 157-165

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