

ThinkPad T14 Gen 6 (Intel)

Empowering business professionals to seamlessly manage complex projects on the go, this next-generation ThinkPad, powered by Intel® V, U, or H Series Core Ultra 5/7 processors, delivers exceptional performance. Whether handling resource-intensive tasks such as data analysis, video editing, or running sophisticated software applications, this device excels in all scenarios. With the integration of Copilot+ PC, the laptop optimizes system performance, ensuring a smooth and intuitive user experience. It intelligently manages system resources, keeping the laptop responsive and minimizing slowdowns. Configured with up to 64GB of DDR5-6400 memory, it significantly enhances overall system responsiveness, enabling faster data transfers and more efficient multitasking. Additionally, equipped with up to 2TB of M.2 2280 SSD storage, this laptop provides remarkable speed and ample space, allowing you to easily store large volumes of data, documents, and files.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

The 2W dual Dolby Audio™ stereo speakers deliver rich, immersive sound quality, perfect for crisp video conferencing and impactful multimedia presentations on the go. Optional 5.0MP + IR discrete cameras with a built-in privacy shutter ensure crystal-clear video while maintaining security and confidentiality.

Powering long work sessions, the 57Wh rechargeable Li-ion battery supports Rapid Charge technology, enabling users to recharge up to 80% in just an hour, reducing downtime between meetings or while traveling.

The Copilot+ PC experience elevates efficiency with features like Recall for productivity gains, Cocreater for AI-generated images, Live Captions for easier collaboration, and Windows Studio Effects for better videocalls. Plus, by running local AI apps on your device instead of in the cloud, your experience is more

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Return To Depot Repair Warranty

- No-hassle repair process at a Lenovo service center
- Lenovo pays for all shipping between the customer and service facility
- Avoid unplanned operational expense with a simple annual fee

Accessories

Lenovo Essential Wired Keyboard & Mouse



- USB wired keyboard & mouse combo. Low profile island style keys, LED indicators & adjustable feet
- Spill-resistant keyboard with waterproof membrane to protect from accidental spills
- Mouse with 1000 DPI optical sensor and scroll wheel for precise control

PN: 4X30I79883

Lenovo Go Wireless Vertical Mouse



- 6-button mouse including 2 programmable side buttons and an IR sensor
- True Ergonomic vertical design with a 45-degree vertical grip made from treated cork material
- 800, 1600, 2400 adjustable DPI and 2.4 GHz wireless dongle connection

PN: 4Y51C33792

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Performance

Processor
Intel V, U or H Series Core Ultra 5/7 Processor (Series 2)

AI PC Category
AI PC (models with U or H series processor)
Copilot+ PC (models with V series processor)

AI Performance
Up to 118 overall TOPS

Operating System*
Windows 11 Pro
Windows 11 Home
Windows 11 Home Single Language
Fedora Linux
Ubuntu Linux
Linux

NPU
Integrated Intel AI Boost, up to 48 TOPS

Graphics [1]
Intel Graphics (integrated)
Intel Arc 130T GPU (integrated)
Intel Arc 140T GPU (integrated)
Intel Arc Graphics 130V (integrated)
Intel Arc Graphics 140V (integrated)

[1]Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

Memory [2]
Models with V series processor: 32GB LPDDR5x-8533 MoP memory, soldered
Models with U or H series processor: up to 64GB DDR5-5600, 2x CSODIMM

[2]The max memory is based on the test results with current Lenovo memory offerings.

Storage [3]
Up to 1x 2TB M.2 2280 PCIe NVMe SSD

[3]The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array, 360° far-field, Dolby Voice*

Camera*
5.0MP, with privacy shutter, temporal noise reduction
5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery [4]
52.5Wh or 57Wh battery, up to 18.76 hr, Rapid Charge

[4]Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
65W USB-C adapter, PD 3.0
65W USB-C nano GaN adapter, PD 3.0
65W USB-C slim GaN adapter, PD 3.0

Design

Display [5]
14" WUXGA (1920x1200) IPS Anti-glare 16:10
- 400nits, 45% NTSC, 3M DBEF5
- 400nits, 45% NTSC, on-cell touch, Eyesafe, 3M DBEF5
- 500nits, 100% sRGB, low power, Eyesafe
- 500nits, 100% sRGB, on-cell touch, ThinkPad Privacy Guard
14" 2.8K (2880x1800) OLED AGARAS 16:10
- 500nits, 100% DCI-P3, 120Hz VRR, DisplayHDR True Black 500, Dolby Vision, Eyesafe, Add On Film Touch

[5]IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Keyboard
6-row, spill-resistant, Copilot key, optional backlight

Touchpad
TrackPoint and glass-like Mylar surface 3-button Trackpad
61 x 115 mm (2.40 x 4.53 inches)

Dimensions [6]
Starting at 315.9 x 223.7 x 10.9/16.13 (front/rear), 21.8 (maximum) mm;
12.44 x 8.81 x 0.43/0.64 (front/rear), 0.86 (maximum) inches

[6]The system dimensions may vary depending on configurations.

Weight [7]
Starting at 1.38 kg (3.05 lbs)

[7]The system weight is approximate and may vary depending on configurations

Color
Black
Grey

Case material
Black models: PC + 20% CF (top), PC + 20% CF (bottom)
Grey models: aluminium (top), PC + 20% CF (bottom)

Connectivity

Ethernet
Gigabit onboard Ethernet

WLAN + Bluetooth* [8]
Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3
Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

[8]Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*
4G LTE CAT6 with embedded eSIM
4G LTE CAT16 with embedded eSIM
5G Sub-6 GHz with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On
2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB PD 3.0 & DP 2.1
1x HDMI 2.1, up to 4K/60Hz
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ-45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking
Docking support via Thunderbolt or USB-C

Security & Privacy

Security
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter*
IR camera for Windows Hello (facial recognition)*
Privacy Guard with Privacy Alert*
Ultrasonic Human Presence Detection*

Manageability

System Management* [9]
Intel vPro Enterprise*

[9]Intel vPro offers a superset of DASH's defined capabilitie

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2025 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.