ThinkPad E14 Gen 7 (AMD) 21T00022IX

PSREF
Product Specifications Reference

PERFORMANCE

Processor
AMD Ryzen™ 7 250 (8C / 16T, 3.3 / 5.1GHz, 8MB L2 / 16MB L3)

AI PC Category[1]
AI PC

NPU
Integrated AMD Ryzen™ AI, up to 16 TOPS

Graphics
Integrated AMD Radeon™ 780M Graphics

Chipset
AMD SoC Platform

Memory
1x 16GB SO-DIMM DDR5-5600

Memory Slots
Two DDR5 SO-DIMM slots, dual-channel capable

Max Memory
Up to 64GB DDR5-5600

Storage
512GB SSD M.2 2242 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Slot
Two M.2 slots
• One M.2 2242 PCIe® 4.0 x4 slot
• One M.2 2280 PCIe® 4.0 x4 slot

Max Storage Support[2]
Up to two drives, 2x M.2 SSD
• M.2 2242 SSD up to 1TB
• M.2 2280 SSD up to 1TB

Card Reader
No card reader

Audio Chip
High Definition (HD) Audio, Senary SN6147 codec

Speakers
Stereo speakers, 2W x2, Dolby Atmos®, audio by HARMAN

Microphone
2x, Array

Camera
FHD 1080p + IR Hybrid with Privacy Shutter

Battery
64Wh

Power Adapter
65W USB-C® (3-pin)

DESIGN

Display[3]
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Screen-to-Body Ratio
90%

Pen
Pen Not Supported

Keyboard
Backlit, Italian

Dimensions (WxDxH)[4]
313 x 220.3 x 10.1/15.25 (front/rear), 19.7 (maximum) mm;
12.32 x 8.67 x 0.40/0.60 (front/rear), 0.78 (maximum) inches

Weight[5]
Starting at 1.41 kg (3.11 lbs)

Case Color
Black

Case Material
Aluminium (Top), Aluminium (Bottom)

SOFTWARE

Operating System
Windows® 11 Pro, WE (EN/FR/DE/NL/IT)

CONNECTIVITY

WLAN + Bluetooth®[6]
Wi-Fi® 6E, 802.11ax 2x2 + BT5.3

WWAN
Non-WWAN

Ethernet
100/1000M (RJ-45)

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 10Gbps / USB 3.2 Gen 2), Always On
- 1x USB-C® (USB 5Gbps / USB 3.2 Gen 1), with USB PD 3.1 and DisplayPort™ 1.4
- 1x USB-C® (USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 1.4a
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Docking
Various docking solutions supported via USB-C®.
For more compatible docking solutions, please visit Docking for ThinkPad® E14 Gen 7 (AMD)

SECURITY & PRIVACY

ThinkShield
ThinkShield is a comprehensive security solution that encompasses hardware, software, and supply chain components. For more detials, visit here

Security Chip
Discrete TPM 2.0 Enabled

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Other Security
- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)

MANAGEABILITY

System Management
Non-DASH

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
1Y Premier WHB (CPN)

CERTIFICATIONS

Green Certifications[7]
- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified, generation 10

Mil-Spec Test
MIL-STD-810H military test passed

Other Certifications
TÜV Rheinland® Low Blue Light (Software Solution)

MODEL

TopSeller	: Yes	**Announce Date**	: 2025-05-13
EAN / UPC / JAN	: 0198157658141	**End of Support**	: 2031-12-13

Note:
[1] AI PCs have a NPU capable of 10+ TOPs to run the Copilot assistant by pressing the optional Microsoft Copilot key or using Win + C.
[2] The system supports dual SSD via two M.2 slots, but Lenovo only offers one M.2 2242 SSD configuration and M.2 2280 slot for user self-extension.
[3] IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.
[4] The system dimensions may vary depending on configurations.
[5] The system weight is approximate and based on results in Lenovo lab, which varies depending on the source of component, variance of the distribution of each component, and manufacturing process. It may not be the exact weight for each specific model.
[6] Wi-Fi 6E operation is subject to the regulation rules in each country.
[7] EPEAT is registered where applicable, please visit

· Lenovo reserves the right to change specifications without notice.

To see more note information, please access the web page.

Premier Support - **A direct 24x7x365 line to our most elite technicians.**

- Advanced technical support, 24x7x365, in more than 100 markets
- Technical Account Managers for proactive relationship and escalation management
- Comprehensive hardware & OEM software support
- Priority on service delivery and repair parts
- Single point of contact for simplified end-to-end case management
- Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - **Protection of your PC from the unexpected.**

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - **Included with the systems you purchase, default 1- or 3-year coverage window.**

Warranty Extensions & Upgrades - **Service and protection that's right for your circumstances.**

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

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Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

The ThinkPad Universal USB-C Dock is a welcome innovation docking that takes users beyond tradition and into the realm of limitless potential. Experience universal compatibility with dynamic power charging max as 100W...

Recommended Services

BEST	3Y Premier Support Plus upgrade from 1Y Premier Support (5WS1L39550)
BETTER	3Y Premier Support upgrade from 1Y Premier Support (5WS1B38519)
GOOD	3Y Premier Support upgrade from 1Y Premier Support (5WS1B38519)

Please click here to view the full list of accessories.

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