ThinkPad E14 Gen 7 (Intel) 21T90066MZ

PSREF
Product Specifications Reference

PERFORMANCE

Processor
Intel® Core™ 5 210H, 8C (4P + 4E) / 12T, P-core 2.2 / 4.8GHz, E-core 1.6 / 3.6GHz, 12MB

AI PC Category
Non-AI PC

Graphics
Integrated Intel® Graphics

Chipset
Intel® SoC Platform

Memory
1x 32GB SO-DIMM DDR5-5600

Memory Slots
Models with U or H series processor: two DDR5 SODIMM slots, dual-channel capable

Max Memory
Models with Core Ultra processor and Core 7 240H processor: up to 64GB DDR5-5600

Storage
1TB SSD M.2 2242 PCIe® 4.0x4 NVMe® Opal 2.0

Storage Slot
Models with U or H series processor: two M.2 slots
• One M.2 2242 PCIe® 4.0 x4 slot
• One M.2 2280 PCIe® 4.0 x4 slot

Max Storage Support[1]
Models with U or H series processor:
up to two drives, 2x M.2 SSD
• M.2 2242 SSD up to 1TB
• M.2 2280 SSD up to 1TB

Card Reader
No card reader

Audio Chip
High Definition (HD) Audio, Senary SN6147 codec

Speakers
Stereo speakers, 2W x2, Dolby Atmos®, audio by HARMAN

Microphone
2x, Array

Camera
FHD 1080p + IR Hybrid with Privacy Shutter

Battery
64Wh

Power Adapter
65W USB-C® (3-pin)

DESIGN

Display[2]
14" WUXGA (1920x1200) IPS 300nits Anti-glare, 45% NTSC, 60Hz

Screen-to-Body Ratio
90%

Pen
Pen Not Supported

Keyboard
Backlit, Swiss

Dimensions (WxDxH)[3]
313 x 220.3 x 10.1/15.25 (front/rear), 19.7 (maximum) mm;
12.32 x 8.67 x 0.40/0.60 (front/rear), 0.78 (maximum) inches

Weight[4]
Starting at 1.34 kg (2.95 lbs)

Case Color
Black

Case Material
Aluminium (Top), Aluminium (Bottom)

SOFTWARE

Operating System
Windows® 11 Pro, WE (EN/FR/DE/NL/IT)

CONNECTIVITY

WLAN + Bluetooth®[5]
Intel® Wi-Fi® 6E AX211, 802.11ax 2x2 + BT5.3

WWAN
Non-WWAN

Ethernet
100/1000M (RJ-45)

Standard Ports
- 1x USB-A (USB 5Gbps / USB 3.2 Gen 1)
- 1x USB-A (USB 10Gbps / USB 3.2 Gen 2), Always On
- 1x USB-C® (Thunderbolt™ 4 / USB4® 40Gbps), with USB PD 3.1 and DisplayPort™ 2.1
- 1x HDMI® 2.1, up to 4K/60Hz
- 1x Headphone / microphone combo jack (3.5mm)
- 1x Ethernet (RJ-45)

Optional Ports (configured)
1x USB-C® (USB 20Gbps / USB 3.2 Gen 2x2), with USB PD 3.1 and DisplayPort™ 1.4

Docking
Various docking solutions supported via Thunderbolt™ or USB-C®.
For more compatible docking solutions, please visit Docking for ThinkPad® E14 Gen 7 (Intel®)

SECURITY & PRIVACY

Security Chip
Discrete TPM 2.0 Enabled

Physical Locks
Kensington® Nano Security Slot™, 2.5 x 6 mm

Fingerprint Reader
Touch Style, Match-on-Chip, Integrated in Power Button

Other Security
- Camera privacy shutter
- IR camera for Windows® Hello (facial recognition)
- ThinkShield

MANAGEABILITY

System Management
Non-vPro®

SERVICE

Base Warranty
1-year, Courier or Carry-in

Included Upgrade
2Y Depot Upgrade From 1Y Depot WHB(CPN)

CERTIFICATIONS

Green Certifications[6]
- ENERGY STAR® 9.0
- EPEAT™ Gold Registered
- ErP Lot 6/26
- RoHS compliant
- TCO Certified 10.0

Mil-Spec Test
MIL-STD-810H military test passed

Other Certifications
TÜV Rheinland® Low Blue Light (Software Solution)

MODEL

TopSeller	: Yes	**Announce Date**	: 2025-07-18
EAN / UPC / JAN	: 0199272261513	**End of Support**	: 2031-11-22



Product image is a sample, it may not match the real color of this model
· Lenovo reserves the right to change specifications without notice.
To see more note information, please access the web page.

Premier Support - **A direct 24x7x365 line to our most elite technicians.**

- Advanced technical support, 24x7x365, in more than 100 markets
- Technical Account Managers for proactive relationship and escalation management
- Comprehensive hardware & OEM software support
- Priority on service delivery and repair parts
- Single point of contact for simplified end-to-end case management
- Lenovo Service Connect Portal for customized reporting and product support

Accidental Damage Protection - **Protection of your PC from the unexpected.**

Experience shows that a significant portion of devices may be damaged (and not covered under warranty) in the first three years. Lenovo's Accidental Damage Protection service covers accidents beyond the system warranty such as drops, spills, bumps and even electrical surges. Make sure your new device has maximum protection, avoid unplanned costs and get peace of mind.

Base Warranty - **Included with the systems you purchase, default 1- or 3-year coverage window.**

Warranty Extensions & Upgrades - **Service and protection that's right for your circumstances.**

- Pick Up & Return Courier
- Onsite Support
- Technician Installed Customer
- Replaceable Unit Service
- International Warranty Upgrade

Lenovo may not offer the products, services or features discussed in this document in all regions. Lenovo may withdraw an offering at any time. Information is subject to change without notice. Consult your local representative for information on offerings available in your area. Lenovo reserves the right to change specifications or other product information without notice. Lenovo is not responsible for photographic or typographical errors. Lenovo provides this publication "as is" without warranty of any kind, either express or implied, including the implied warranties of merchantability or fitness for a particular purpose.

Recommended Accessories



ThinkPad Universal USB-C Dock

40AY0090US

THE SMARTER WAY TO WORK Introducing the ThinkPad Universal USB-C Dock. This advanced, universally compatible one-cable docking solution lets you work smarter, not harder. It comes with a vast array of ports, next-gen ...

Recommended Services

BEST	3Y Premier Support upgrade from 2Y Depot/CCI (5WS0W86701)
GOOD	2Y Sealed Battery Add On (5WS0L01987)

Please click here to view the full list of accessories.

Lenovo PSREF Product Specifications Reference