

ThinkPad L14 Gen 4 (Intel)



Built for professionals who demand powerful and high-performance computing – the laptop powered by Intel U Series or 13th Gen Intel U or P Series Core i7 Processor can be considered. Support of optional Wi-Fi 6E ensures a connected experience allowing users to synchronize and send files while they are on the move; while up to 63Wh battery means users can stay unplugged without worrying about plugging the device.

Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad L series laptops offer reliable performance and durability for modern professionals with powerful processors, robust security features, long battery life, and versatile connectivity options, ensuring productivity on-the-go.

Configured with up to 64GB DDR4 memory and up to 2TB SSD storage means business professionals can manage programs or applications and store large files at the same time without slowing the device down.

Dolby Audio 2W dual speakers and dual-array microphones help to collaborate on calls effectively. An optional FHD 1080p camera with a privacy shutter helps users to stay private whenever needed.

With up to 2TB SSD storage and up to Intel U-series or 13th Generation Intel U or P Series Core i7 processor, the laptop handles data-intensive tasks effortlessly.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

ThinkPad Bluetooth Silent Mouse



- Left/Right hand, easy-to-carry low profile mouse
- Switch between 2 devices with dual-host Bluetooth 5.0 connectivity
- 2-way scrolling with on-the-fly DPI adjustment (2400, 1600, 800)

PN: With Battery : 4Y50X88822 Without Battery : 4Y50X88823

Lenovo 45W USB-C AC Portable Adapter



- Fast and secure USB charging
- Connect to interfaces and power devices
- Ultraportable and light-weight design

PN: 4X20V07881

ThinkPad L14 Gen 4 (Intel)

Performance

Processor
Intel U-series or 13th Gen U or P Series Core i3 / i5 / i7

Operating System*
Windows 11 Pro
Windows 11 Home
Windows 11 Home Single Language
Windows 11 DG Windows 10 Pro 64
Linux
Ubuntu Linux

Graphics [1]
Intel UHD Graphics (integrated)
Intel Iris Xe Graphics eligible (integrated)
Intel Graphics (integrated)
NVIDIA GeForce MX550

[1]Intel Iris Xe Graphics capability requires system to be configured with dual-channel memory. On the system with single-channel memory, Intel Iris Xe Graphics will function as Intel UHD Graphics.

Memory [2]
Up to 64GB DDR4-3200, 2x SO-DIMM

[2]The max memory is based on the test results with current Lenovo memory offerings.

Storage [3]
Up to 1x 2TB M.2 2242 PCIe NVMe SSD

[3]The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*
High Definition (HD) Audio
Stereo speakers, 2W x2, Dolby Audio
Dual-microphone array, far-field, Dolby Voice

Camera*
HD 720p, with privacy shutter
FHD 1080p, with privacy shutter
FHD 1080p + IR hybrid, with privacy shutter

Battery [4]
46.5Wh, 57Wh, or 63Wh battery, up to 14.38 hr
Rapid Charge

[4]Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*
45W USB-C adapter, PD 3.0
65W USB-C adapter, PD 3.0
65W USB-C slim adapter, PD 3.0
100W USB-C slim adapter, PD 3.0

Design

Display [5]
14" HD (1366x768) TN Anti-glare 16:9
- 220nits, 45% NTSC, 60Hz
14" FHD (1920x1080) IPS Anti-glare 16:9
- 250nits, 45% NTSC, 60Hz
- 300nits, 45% NTSC, 60Hz, touch
- 400nits, 72% NTSC, low power, 60Hz

[5]IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio
81.8%

Keyboard
6-row, spill-resistant, optional backlight

Touchpad
TrackPoint and Mylar surface touchpad
56 x 115 mm (2.24 x 4.53 inches)

Dimensions [6]
325.4 x 217 x 18.73 mm (12.81 x 8.54 x 0.74 inches)

[6]The system dimensions may vary depending on configurations.

Weight [7]
Starting at 1.4 kg (3.09 lbs)

[7]The system weight is approximate and may vary depending on configurations

Color
Thunder black

Case material
Aluminium (top), PC-CF (bottom)
Aluminium (top), PC-ABS (bottom)
PC-ABS (top), PC-CF (bottom)
PC-ABS (top), PC-ABS (bottom)

Connectivity

Ethernet*
Gigabit onboard Ethernet

WLAN + Bluetooth* [8] [9]
802.11ax (Wi-Fi 6 or Wi-Fi 6E), Bluetooth 5.2 or 5.3
Up to Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3

[8]Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

[9]Bluetooth 5.2 or 5.3 operation requires Windows 11.

WWAN*
4G LTE CAT4 with embedded eSIM
4G LTE CAT16 with embedded eSIM

NFC
Near Field Communication*

Ports
1x USB 3.2 Gen 1
1x USB 3.2 Gen 1 (Always On)
1x USB-C 3.2 Gen 2 (data, PD 3.0, DP 1.4)
1x Thunderbolt 4 / USB4 40Gbps (data, PD 3.0, DP 1.4)
1x HDMI 2.1, up to 4K/60Hz
1x microSD card reader
1x Headphone / microphone combo jack (3.5mm)
1x Ethernet (RJ-45)
1x Smart card reader*
1x Nano-SIM card slot (WWAN support models)*

Docking
Docking support via Thunderbolt or USB-C

Security & Privacy

Security
Discrete TPM 2.0
Kensington Nano Security Slot
Smart card reader, supports ISO 7816 and EMV*
Touch style MOC fingerprint reader*
Camera privacy shutter
IR camera for Windows Hello (facial recognition)*
ThinkShield

Manageability

System Management* [10]
Intel vPro Enterprise*

[10]Intel vPro offers a superset of DASH's defined capabilities.

Certifications

Green Certifications [11] [12] [13]
EPEAT Gold Registered
ENERGY STAR 8.0
ErP Lot 6/26
TCO Certified 9.0
RoHS compliant

[11]The items listed under the "Green Certifications" sectio may not only refer to certification but also registration c self-declaration.

[12]EPEAT registration and ENERGY STAR certification are optional and only available on the models with preloaded OS.

[13]EPEAT is registered where applicable, please see epeat.net for registration status by country.

Other Certifications
MIL-STD-810H

Items with * are optional and only available on selected models. Information presented here may represent the maximum possible configurations for this product, but it does not necessarily reflect what is available in your region. Please ask your rep or check the specifications for specific Part Numbers in your region. © 2025 Lenovo. Products are available while supplies last. Lenovo is not responsible for photographic or typographic errors. Lenovo, the Lenovo logo, ThinkPad, ThinkCentre, ThinkBook, ThinkStation and ThinkVision are trademarks or registered trademarks of Lenovo. 3rd party product and service names may be trademarks of others. Depending on factors such as the processing capability of peripheral devices, file attributes, system configuration and operating environments, the actual data transfer rate of USB connectors will vary and is typically slower than published standards.