Datasheet

HP OmniBook 5 Flip 2-in-1 Laptop 14-fp0005na

Versatile, powerful PC with all you need to get things done

HP OmniBook 5 14", a 2-in-1 laptop, comes with a 360-degree hinge that adapts to how you want to use it, wherever you are. Powered by an Intel® Core™ Processor[1] and packed with ports and premium speakers, it has everything you need to get things done.



*Product image may differ from actual product

Your pick -- flat, folded, or flipped

Pick the perfect position to work and create with this versatile 360° flip design and HP Rechargeable Pen.

Performance in a compact package

Built for the performance you need with a fast charge battery, Intel® Core™ Processor[1], and large storage.

Enhanced audio-visual experiences

Elevate your presence with premium speakers for clear sound and a high-quality camera for vibrancy and focus.

Sustainability in action

Built for a better tomorrow

HP OmniBook 5 14 is designed using recycled materials[2] and post-consumer recycled plastics[3].

with

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Featuring

Get a fresh perspective
From a rejuvenated Start menu, to new ways to connect to your favorite people, news, games, and content–Windows 11 is the place to think, express, and create in a natural way.[4]

Intel® Core™ 3 100U
Dependable performance for everyday computing[5]

Intel® Graphics
Stream your favorite shows, hop on video calls, and scroll through photo edits. All with smooth, responsive visuals. Built-in Intel® Graphics handle everyday entertainment and multitasking with ease, no extra GPU, no extra bulk.[6]

16:10 aspect ratio
A 16:10 aspect ratio lets you see more of your content with less scrolling.

Micro Edge display
By squeezing a larger screen into a smaller frame, this ultra-thin, barely visible bezel revolutionizes your display's appearance with a beautifully efficient design.[7]

IPS Panel
No matter where you stand, this screen delivers clear, vivid images with 178-degree wide-viewing angles, so everyone can get a great view.

Flicker-free
Using DC Dimming technology that controls brightness by adjusting direct current rather than cycling the backlight, we can eliminate screen flickering for more comfortable viewing.[8]

Xbox Game Pass Premium 2-month trial
Enjoy 2 months of Xbox Game Pass Premium. Free with your new HP device. Access a library of legendary, high-quality games, get exclusive in-game perks, partner discounts, and earn points annually with Xbox Rewards.[9]

EPEAT® Gold with Climate+
With EPEAT® Gold with Climate+, you're choosing a movement towards responsibility and climate action.[10]

ENERGY STAR® certified
Save energy and money with ENERGY STAR®, certified by the EPA so you will use less energy and save money where it counts most.[11]

Keyboard contains post-consumer recycled materials
We're bringing a more thoughtful design to our keyboards by using post-consumer recycled materials in the design.[12]

Effortlessly connected
Enjoy faster speeds, improved performance and greater capacity with Wi-Fi 6 and Bluetooth® 5.4 wireless card.[13]

Microphone Mute
Enjoy greater peace of mind and the convenience of a dedicated microphone mute button that you can easily activate and know it's on or off with an LED indicator light.

HP True Vision FHD
Video chat in vibrant clarity with Full HD resolution, even in low light, and make every conversation a face-to-face experience for a better way to stay in touch.[14]

USB Type-C® Power + Display + 10Gbps signaling rate
Power your device or connect to an external display from just one USB-C® port with 10Gbps signaling rate. And it's reversible, so you never have to worry about plugging in upside down.[15]

Dual speakers
Pump up the volume to your favorite music, movie or game with dual-stereo speakers.

LPDDR5 RAM
Experience speedy and responsive performance with the power efficient LPDDR5 memory. Designed to support higher data rates with less latency, plus faster file transfers and application load.

Camera Shutter
No more unsightly tape and tacky gum to hide your private moments. Ensure your privacy and security with a visible, physical shutter that turns off your PC's camera when not in use.

Recommended accessories and services (not included)



HP USB-C 65W Laptop Charger
671R2AA



HP 420 Programmable Bluetooth Mouse
7M1D3AA



HP 460 Multi-Device Bluetooth Keyboard
7N7B8AA



3-year pickup and return
UM963E

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Specifications





Performance

Operating system
Windows 11 Home
Processor
Intel® Core™ 3 100U (up to 4.7 GHz with Intel® Turbo Boost Technology, 10 MB L3 cache, 6 cores, 8 threads)[6,7]
Processor family: Intel® Core™ 3 processor
Chipset
Intel® integrated SoC
Memory
8 GB LPDDR5-5200 MT/s (onboard)
Transfer rates up to 5200 MT/s.
Storage
512 GB PCIe® Gen4 NVMe™ M.2 SSD
100 GB Dropbox storage for 3 months[1]
Graphics
Integrated: Intel® Graphics;
Audio
Dual speakers; HP Audio Boost
Display
35.6 cm (14") diagonal, 2K (1920 x 1200), multitouch-enabled, IPS, edge-to-edge glass, micro-edge, 300 nits, 62.5% sRGB[17]
Screen-to-body ratio
89%[18]
Power
45 W USB Type-C® power adapter;
Battery type
4-cell, 68 Wh Li-ion polymer[23]
Battery and Power
Up to 15 hours[3];
Maximum battery life video playback
Up to 21 hours and 30 minutes[10]

Connectivity

Wireless connectivity
Realtek Wi-Fi 6 (2x2) and Bluetooth® 5.4 wireless card
Modern Standby (Connected)
Ports
1 USB Type-A 10Gbps signaling rate; 1 USB Type-A 5Gbps signaling rate; 1 HDMI-out 2.1; 2 USB Type-C® 10Gbps signaling rate (USB Power Delivery 3.1, DisplayPort™ 1.4a, HP Sleep and Charge)[19]
Webcam
HP True Vision 1080p FHD camera with temporal noise reduction and integrated dual array digital microphones

Sustainability

Ecolabels
EPEAT® Gold with Climate+[27]
Energy star certified
ENERGY STAR® certified
Sustainable impact specifications
Ocean-bound plastic in bezel and speaker enclosure(s);Keyboard keycaps and scissors contain post-consumer recycled plastic[39,41]

Design

Product color
Glacier silver
Paint cover and base finish, matte paint keyboard frame

Software

HP apps
HP Support Assistant; HP Connection Optimizer; myHP
Software
1 month trial for new Microsoft 365 customers[24]
Service & support
McAfee Online Protection 30-day trial; 1-month Adobe free trial offer; Xbox Game Pass Premium 2-month trial [2,25]

Additional information

Part Number
P/N: BG3F6EA #ABU
UPC/EAN code: 199251075148
Weight
1.62 kg;
Packed: 2.39 kg
Dimensions
31.3 x 21.99 x 1.84 cm;
Packed: 6.3 x 47.3 x 27.4 cm
Manufacturer Warranty
1 year (1/1/0) limited warranty includes 1 year of parts and labor. No on-site repair. Terms and conditions vary by country. Certain restrictions and exclusions apply.
Keyboard
Full-size, soft gray keyboard
HP Imagepad
Security management
Mic mute key; Camera privacy shutter; Trusted Platform Module (Firmware TPM) support
Sensors
Accelerometer; Gyroscope

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Footnotes

Messaging Footnotes

[1] Multi-core is designed to improve the performance of certain software products. Not all customers or software applications will necessarily benefit from the use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding, and/or naming is not a measurement of higher performance.
[2] Bezel and speaker enclosure(s) contain ocean-bound plastic. Percentage of ocean-bound plastic contained in each component varies by product.
[3] Keyboard components contain post-consumer recycled plastic. Percentage of post-consumer recycled contained in each component varies by product.
[4] Not all features are available in all editions or versions of Windows. Systems may require upgraded and/or separately purchased hardware, drivers, software or BIOS update to take full advantage of Windows functionality. Windows is automatically updated and enabled. High speed internet and Microsoft account required. ISP fees may apply and additional requirements may apply over time for updates. See http://www.windows.com.
[5] For more complete information on configurations and workloads, visit www.Intel.com/PerformanceIndex. Intel technologies may require enabled hardware, software or service activation. No product or component can be absolutely secure. Your costs and results may vary. © Intel Corporation. Intel, the Intel logo, and other Intel marks are trademarks of Intel Corporation or its subsidiaries. Other names and brands may be claimed as the property of others.
[6] For more complete information on configurations and workloads, visit www.Intel.com/PerformanceIndex.
[7] Display measured diagonally
[8] The flicker-free capability eliminates screen flickering through integrating DC-dimming LED backlights.
[9] Subscription continues automatically at regular monthly price unless cancelled. Subject to https://www.xbox.com/legal/subscription-terms. Benefits vary by Xbox Game Pass plan. Game library varies over time, by region, device, and Xbox Game Pass plan. xbox.com/gamepass. In-game benefits vary by game, region, and over time. Game must be installed to access in-game benefits. For a list of cloud and non-cloud markets and supported regions, visit: xbox.com/regions. Terms apply, see xbox.com/gamepass for more. Excludes HP Chromebooks.
[10] EPEAT® Gold with Climate+ registered where applicable. EPEAT registration varies by country. See www.epeat.net for registration status by country.
[11] ENERGY STAR and the ENERGY STAR logo are registered trademarks of the U.S. Environmental Protection Agency.
[12] Keyboard components contain post-consumer recycled materials. Percentage of post consumer recycled contained in each component varies by product.
[13] Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs. Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels. Wi-Fi 6 (802.11ax) is not supported in Belarus where Wi-Fi settings will be optimized to local regulatory requirements (802.11ac). Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.4 will function as Bluetooth® 5.3 or lower. Bluetooth® is a trademark owned by its proprietor and used by HP Inc. under license.
[14] Features may require software or other 3rd party applications to provide the described functionality.
[15] Actual throughput may vary. USB Type-C® and USB-C® are trademarks of USB Implementers Forum. Display measured diagonally

Technical Specifications Footnotes

[1] 100 GB of free Dropbox storage for 3 months from date of registration. For complete details and terms of use, including cancellation policies, visit the Dropbox website at https://www.dropbox.com/help/space/hp-promotion. Internet service required and not included.
[2] Internet access required and not included. McAfee is pre-installed on your PC and an account is required for activation. Subscription renewal required after trial period. VPN feature is not available in India, China, Syria or North Korea. McAfee is not compatible with Windows 11 in S mode. You'll need to permanently switch out of S mode. There's no charge to switch out of S mode, but you won't be able to turn it back on.
[3] MobileMark 25 Battery life will vary depending on various factors including product model, configuration, loaded applications, features, use, wireless functionality, and power management settings. The maximum capacity of the battery will naturally decrease with time and usage. See https://bapco.com/products/mobilemark-25/ for additional details.
[6] Multi-core is designed to improve performance of certain software products. Not all customers or software applications will necessarily benefit from use of this technology. Performance and clock frequency will vary depending on application workload and your hardware and software configurations. Intel's numbering, branding and/or naming is not a measurement of higher performance.
[7] Intel® Turbo Boost performance varies depending on hardware, software and overall system configuration. See http://www.intel.com/technology/turboboost/ for more information.
[10] Battery life tested by HP using continuous FHD video playback, 1080p (1920x1080) resolution, 150 nits brightness, system audio level at 17% as image default, player audio level at 100%, played full-screen from local storage, headphone attached or through speaker (if no audio jack port), wireless on but not connected. Actual battery life will vary depending on configuration and maximum capacity will naturally decrease with time and usage.
[11] Wi-Fi 6 is designed to support gigabit data rate when transferring files between two devices connected to the same router. Requires a wireless router, sold separately, that supports 80MHz and higher channels.
[12] Wireless access point and internet service required and sold separately. Availability of public wireless access points limited. Wi-Fi 6 is backwards compatible with prior 802.11 specs.
[17] All performance specifications represent the typical specifications provided by HP's component manufacturers; actual performance may vary either higher or lower.
[18] Percent of active plus nonactive viewing area to active viewing area plus border. Measure with lid vertical to the desk.
[19] For best results with HP Sleep and Charge, use a USB charging protocol standard cable or cable adapter with an external device.
[23] Actual battery Watt-hours (Wh) will vary from design capacity. Battery capacity will naturally decrease with shelf life, time, usage, environment, temperature, system configuration, loaded apps, features, power management settings and other factors.
[24] Must activate within 180 days of Windows activation.
[25] Offer available worldwide (excluding China and embargoed countries or other countries identified as restricted by applicable law or regulation) to new and existing subscribers who are 18+. Click on the Adobe icon in the start menu to redeem a 1-month free trial membership for select Adobe software. The software is tied to the device and is not transferrable. If you would like to sign up for an auto-renewing subscription, you can provide your payment method at sign-up. By adding a payment method, your subscription will automatically renew at the then current rate on your renewal date until you cancel. If you cancel before the end of the one-month free trial, you won't be charged. You can cancel your subscription anytime via your Adobe Account page or by contacting Customer Support. Please see current prices for Adobe products available in this offer. Offer not available to Education, OEM, or volume licensing customers. Subject to availability where the recipient resides. Additional terms and conditions may apply. VOID WHERE PROHIBITED OR RESTRICTED BY LAW.
[27] Based on U.S. EPEAT® registration according to IEEE 1680.1-2018 EPEAT®. EPEAT® status varies by country. Visit www.epeat.net for more information.
[37] Weight and system dimensions may fluctuate due to configuration and manufacturing variances.
[39] Percentage of ocean-bound plastic contained in each component varies by product.
[41] Keyboard keycaps contain post-consumer recycled plastic. Percentage of post consumer recycled contained in each component varies by product.
[45] The Flicker-free capability is eliminating screen flickering through integrating DC-dimming LED backlights or LED emissions. OLED panel is functional with DC-DIMMING when above 100nits.
[46] Bluetooth® 5.4 operation requires Microsoft OS/Chrome OS support. Until Microsoft OS/Chrome OS support is available, Bluetooth® 5.4 will function as Bluetooth® 5.3 or lower.
[50] Copilot in Excel requires AutoSave to be enabled, meaning the file must be saved to OneDrive; it doesn't function with unsaved files. Copilot features in Outlook apply to accounts with @outlook.com, @hotmail.com, @live.com, or @msn.com email addresses and are available in Outlook.com, Outlook built into Windows, Outlook on Mac, and iOS and Android apps. AI features only available to Microsoft 365 Family subscription owner and cannot be shared; usage limits apply. Learn more Learn more Understanding AI credits - Microsoft Support . Microsoft Copilot features in Microsoft 365 are not available in China or Macao SAR.
[53] The Flicker-free capability is eliminating screen flickering through integrating DC-dimming LED backlights or LED emissions. OLED panel is functional with DC-DIMMING when above 100nits.

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